

BEYOND THE ILLUSION

Unleashing Your True Self

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permission
from Jodi Burke

To my children

Dylan & Kesley,

I love you

and

All my friends who

have listened to me ramble

on about this stuff that

fascinated me

yet was

a tad out there

for ya,

I love you all too!!

What IF
You are the magic?
When and why did we stop
believing in magic?
Because.....
we had to grow up?
or did we?
Wouldn't it be fun
to be grown up
AND
believe in magic?
cuz
if you don't believe
in magic,
then there can be
None!
All you need
is a curiosity,
thinking outside
the norm
and
anything is possible
attitude.....

How to make sure
you never get
reincarnated on
Planet Earth
ever again!!

Could life be a Simulation??

Welcome to the captivating world of simulations and holographic realities, where the line between reality and construct blurs into a mysterious tapestry of possibilities. This book delves into the intriguing concept that has fascinated philosophers, scientists, and science fiction enthusiasts alike: the idea that our universe and existence might be an elaborate simulation or hologram.

From Quantum Physics and Science, more and more evidence is suggesting that, we might be in a simulation. Trippy, right???

So, what if life is like a virtual reality game? If it's true, then our reality is not the original; it's a simulation of something else. What? What, if, this place was designed for our souls to create experiences and truly experience life in its physical form? The body suit and the five senses give it a sense of reality. Imagine a reality where you lack these senses. Is there a reality like that? Could, there be more to this game called life that we don't know about? Think for a second, if you were not able to see, hear, taste, touch or smell, what would you have? You may say nothing, and that is correct, yet, what if it is everything? Can you lean into that for a moment, is it expansive and

light feeling? What if, it's everything yet nothing at all? What if, there is more?

What if the purpose is to up-level our avatars, like characters in a virtual reality game, not through violence in any form, but by cultivating vitality, authenticity, alignment, abundance, flow, joy, ease, and kindness as the norm?

For ourselves and each other.

Watch Free Guy.

It might sound like a dream, especially in a world where the predator-prey dynamic seems so ingrained. But what if it is indeed a simulation, a holographic reality, a game? Would you approach life differently if you knew you could be, do, or have anything that aligns with your heart's desires and create coherence within? Would you be willing to up level your avatar so you can get out of this game? Would you be willing to step out of the predator – prey energies? Would you be more interested in co-creating instead of forcing things?

Consider the infinite possibilities at your disposal – the choice is yours to make. Why not play at your best and thrive, considering that thriving is our default setting?

I sometimes wonder, how many are playing in this reality at a very high level and knows that it is a simulation?

The ones playing at this high level, they have mastered themselves and risen above the norm in the game called Life?

In the upcoming chapters, I will share a perspective on ways to create a new story called your life and offer a different perspective on how this reality operates. We'll explore the Law of Reflection,

which is even more important than the Law of Attraction, as it involves the mirror effect or feedback loop.

This book aims to be imaginative yet also straightforward, so let's dive in and discover what this game of life is all about. Stay open-minded as you read on, and let's explore the endless possibilities together.

Jodi

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Chaos happens when awareness
has not yet taken the steering wheel
from the hands of the monkey mind,
which is driving mostly by subconscious
programs of
survival and fear,
it's the underworld,
it's the subconscious,
not yet conscious,
it's not your truth,
which is,
you are
an
Immortal soul.

Have You ever Wondered About...

Have you ever found yourself pondering about intriguing mysteries like ape to man evolution, the enigmatic construction of pyramids and grand old churches, adorned with impressive pipe organs and colossal doors, all crafted without modern tools or cranes? Have you noticed those imposing buildings with domes crowned by electrical crosses, wondering about their significance? Furthermore, have you ever wondered why, despite our advancements in technology, we haven't returned to the moon and why cancer still plagues humanity? Oh, and there's more, a lot more, but let's leave it there!

Part of breaking free is daring to question everything, even the truths we were taught in school, which might not be as genuine as they seemed. The process can be challenging, evoking feelings of fear and anger. However, it is essential to remember that if life is indeed a construct, we are merely transient visitors who have become trapped, and ultimately, stuck in a cycle of death and rebirth playing different avatars aka characters aka personalities in a reality.

We were then meant to pass through and create and have experiences, not get stuck or caught here. Be in the world, not of it.

Since the advent of covid, fear has permeated society, causing people to live in constant dread of mortality and each other. This fear affects our very beings, manifesting as anxiety that resonates in the neutral field, which then reflects our fears back to us. The energies at play in this simulation thrive on lower frequencies and a discordant way of life that has sadly become the norm—wars, famine, addiction and abuse just to name a few. But that bleak reality is not our inherent truth. Breaking free from this oppressive paradigm is the key to liberation.

This reality is a predator prey reality. What kind of ‘God’ would create that? Start questioning everything.

What's the reward for breaking free? The tremendous benefit is attaining your own reality, distinct from the collective yet still existing within this realm. Dissolving the constraints of the matrix allows you to perceive beyond the illusion, to witness the coding that shapes this facade. In this awakened state, your thoughts and emotions interact with the field, enabling you to inform and influence it as an observer, existing in the world but not bound by it.

Achieving freedom means reclaiming your soul, becoming a sovereign being—a prize of ultimate significance and total freedom. And when the inevitable reset happens, you transcend this construct and venture into other simulations, where you can embrace extraordinary experiences beyond comprehension at this level.

Law of Polarity
Choice of Perception
one of the most powerful aspects
of the Law of Polarity
is that it gives me the ability
to choose my perception,
I can choose
to focus on the
problems or successes
weaknesses or strengths
failures or successes
joy or anger
love or hatred

Stay open my friend
as we don't know
what we don't know

The Game

The object of the game is to get one's consciousness out of the matrix.

To realize the truth of one's self.

That, it is just a game, no one gets out alive in it yet, one can get out for eternity.

Sounds a tad daunting or like woowoo, doesn't it? As wasn't The Matrix –just a movie?

Or was it a documentary? Question everything.

Consciousness refers to the individual's awareness of their thoughts, memories, feelings, sensations, and environments each moment, or as much as possible. It's the energy that inhibits the avatar outfit in the game of life.

The role of consciousness is to create reality as it projects reality before our eyes so we can experience it in the physical form.

The dream, illusion, reality or the game is the projection.

An analogy I will use, since I've a photographer is the camera. Lets compare consciousness projecting itself into an avatar suit called a human being. I put my eye up to the camera and look at a scene.

Exactly what consciousness is doing through one's avatar suit through the five senses. Thru the camera and lens of a camera the person sees a picture of something, only a scene, a small snippet of a much larger scene. Consciousness as you see your reality. Now I want to do different types of photography and I start to put filters on my lens, some have distortions, some are darker and some are just different. There are a lot of filters out there that can do a lot of different things. It makes seeing the actual clear scene much harder now. As we live our lives and play this game, we take on beliefs, programs, habits and addictions that all act like a filter on the lens of reality. When we start taking off the filters aka pattern break and change things from within that are not in our best interest is when we can see beyond the illusion. The picture is clear.

Consciousness also represents a part of the whole, as in a drop in the ocean, where does it stop and start. It, also has many labels – God, Source, Creator, the Divine, the Field, Ali, the over soul and more. In the simulation it's called any of those, and, just like the droplet, where does it start and end.

We are consciousness creating and having experiences. We are here to co-create or learn to co-create with that above. We do not have to do it all ourselves, the how is it's part. Our part is clear intention and action – inspired action from the right energy of alignment, coherence and co-creation.

The Avatar is an electronic image (as in a video game) that represents and may be manipulated by a computer user and or an incarnation in human form. The avatar is not the body itself it's the persona in the suit. Putting on an avatar suit is like putting on the goggles and gloves for a virtual reality game so that then it comes to life,

metaphorically speaking. To play the game of Life on Planet Earth, each player must put on the avatar suit and become an avatar. Everything and everyone is in drag so to so.

Soul is a part of humans (the avatar) regarded as immaterial, immortal and separable from the body suit at death. Many consider the Soul the spiritual essence of a person (avatar). An immaterial aspect of a living being that is believed to be able to survive physical death or death of the avatar suit. And lives way beyond the linear.

Simulation is where the game is. It's all created by the coder, the avatar, while playing the game. They are both the same. The simulation is a representation of an original, but in this game, this simulation gets hijacked by a parasitic energy and tries to take over the whole game and each avatar playing it. It is a fight for the Soul aka consciousness.

It's the avatar against the parasitic entity.

Something is directing the avatar suit and circumstances in the game aka reality. Who? What?

The Simulation theory, is also called the Simulacrum, suggests that our reality is a highly advanced, computer-generated simulation created by a more advanced civilization that has fallen. Just as we create virtual worlds in videogames, these hypothetical beings might have crafted our universe as an intricate simulation, leading us to believe we are in the original as it is complete with laws of physics, galaxies, stars and living beings – all of which we perceive as reality.

There can only be a simulation though if it's simulating something, so there has to be an original.

“What is real? How do we define real? If you’re talking about what you can feel, what you can touch, what you can smell, what you can taste and what you can see then ‘real’ is just simply electrical signals interpreted by your brain.” - Morpheus

‘What IF those electrical signals had the potential to be manipulated so that you can experience reality in a way you want to? So IF reality is constructed and created by our brains through our eyes via light, then we technically have the ability to dictate or not, whether or not our eyes (thru light) will process reality or HOW we intend to process that reality.” - Luke Belmar

The Matrix is where all the constructs are stored keeping them in place. They are really false reality constructs that contain all one’s habits, programs, addictions and beliefs. It’s beyond that, where true liberation and freedom live as there are no judgments, only Universal / Natural Laws, no labels, no needing to be anywhere, do anything, or prove anything. Yet, there is aligned and coherent living, being and action taking. So, there is flow and true prosperity in all senses for playing in the game. This matrix is energetic so it is not visual to the eyes, yet it is powerful and comes from within. Energetically, the Matrix is distorted energy patterns or off coding – off of the clearest and cleanest frequencies which is love and authenticity. Watch the Matrix again and see if you can notice anything different.

Love is the embodiment of purity which has no thought, no judgments, no labels, no addictions, no traumas, no hidden agendas, no abuse patterns and it is everything and it is nothing. A very strong, all encompassing, beautiful energy that emanates off of one that embodies more pure love and is fully present in each moment.

Picture authenticity as the secret passcode to break free from the Matrix of conformity. It's like Neo discovering he's 'The One' and embracing his true self – no more Agent Smith disguises or dodging bullets. Authenticity is the red pill, the ticket to the rave where you dance to the beat of your own drum, because you are being the DJ of your own life's dance party, spinning the records of your unique tunes without worrying about what the critics might say or needing validation, a label or to be forceful about it. Imagine authenticity as the magical wand that turns everyday moments into a whimsical adventure, where you're the hero with a cap made of pure, unfiltered YOU. It's about ditching the simulated safety of the blue pill, stepping into the reality of who you genuinely are, and shouting, "Whoa, I am the architect of my own awesome reality!"

Reality, there is that word again.

Parasitic Energies is most of the fuckery that goes on outside of that. It's the lying, cheating, stealing, manipulating, killing and the gas lighting that goes on and has become the norm. In the simulation, parasitic energy is rampant, so much so, that there are also physical parasites an avatar can embody. I wonder, would the real version of the simulation have parasites? Any type of flea, fly or tic?

Many speculate that the real version is the Garden of Eden, and since this could be a simulation, then this has to be a duplicate copy pretending to be the original. Instead, it's a really bad duplicate copy of the original. And, it's been overtaken.

Parasitic energies can easily attach themselves to the avatars energy if the avatar at times lowers its vibrational frequency. Remember, energy has to match energy, if the avatar stays in higher vibrational frequencies, then the lower parasitic energies can't attach. The

parasitic energies control, manipulate, are ego driven, have negative thoughts, over emotional responses and the avatar then thinks its them. These parasitic energies run programs in the avatar. It's also an energetic frequency pattern, and once it's recognized it can be reprogrammed, deleted, released or healed.

Just like a computer.

This simulation is a manipulation of our consciousness. Look at ALL the ways the 5 senses – hearing, seeing, feeling, tasting and touching are seduced, tantalized and over taken. It entraps our perception, and because we believe it to be true and so real (it is while one is here but....) yet once we realize it's a dream, illusion, simulation then it has less impact and control over us.

The simulation is like wifi that has a field of endless information, therefore limitless possibilities, once you see past the illusion.

Energy flows where attention goes.

“Those who tell the stories rule society.”

— Plato

Hmmm, could that be the news? IF it's a simulation, is there anything outside of your 5 senses? Unless you are there and can see, feel, taste, touch and smell it, is it true?

That is a holographic or simulation perspective.

So, if one tells stories, why not tell good stories to ourselves and eventually it will become our truth instead of the old story.

You know that fake it to you make it thing, but, what about if a story is repeated over and over, every hour for days or weeks on end (the

news) and it's passed around, talked about, feared about – could the collection help make it real? Energy flows where attention goes, as it cannot be created nor destroyed, it just changes form. Tell a different story.

NPC's, are basically Agents Smiths. They have on avatar suits but they are just programs that appear in 3D form. NPC stands for non-player character. There is, no consciousness aka soul in the avatar suit and they are back drops in many video games including the simulation. They follow orders, obey, don't question, and will report on or turn in anyone who is not following the rules to a tee even if those rules cause harm.

Life is what the Soul comes into the simulation to experience thru the 5 senses. When one enters into the simulacrum, they go through a veil of amnesia and forget everything they know and who they truly are, that is what makes the game more interesting and harder at the same time. They are here to move through the simulation creating experiences called living, but many fall prey to the default programming that the simulation enforces. Default programming of the parasitic energies that overtook the simulation and hold the souls captive, that is energetically of course, yet therefore also physically. That is where the Matrix is. The souls keep playing the game until they remember the truth of who they are beyond the avatar suit / identity and free themselves, otherwise they are stuck in a Matrix lifetime after lifetime.

It's like being stuck at the same level of a video game and getting knocked off and having to start over again with a different avatar.

The five senses are what help enslave the avatars. Avatars are described as being enslaved by their five senses, implying that their

perception of the world is primarily limited to what they can observe and experience through their physical senses and anything beyond that is just that.

The five senses are easily seduced and tantalized in the game.

Money – the concept of being slaves to money suggest that avatars are bound by the need to earn, possess and spend money in the economic system in the world. Many avatars become slaves to their jobs and the amount of time they work. They have to learn to master money instead of being a slave by it. The avatars were placed in this simulation, game, universe to achieve mastery and dominion of substance in its every form. Everything one truly desire's is waiting for them, it's a game of mastery – becoming vibrationally aligned with that desire. It's the world of resonance.

Emotions and thoughts – avatars are portrayed by being enslaved by their own emotions and thoughts, which can influence their behaviors and decisions until they become aware of them, feel them, heal them or release them. It's distorted frequencies or coding as it's not one's true essence, it's the avatar's. It's not bad, it just the things holding one back from true freedom.

Consciousness one is.

The avatar suit aka body suit is the processor of emotions, most avatars are on autopilot and not in their bodies. What that means is they are running many programs and being distracted by things like endlessly scrolling on social media, watching tv or playing video games. One is so engrossed in those that they are not aware in their present reality. Being present in one's everyday life is on the path to freedom. Don't want a Lamborghini, BE one.

The system – the avatars are considered to be slaves to their societal system, labels of self and structures that govern their lives. Start questioning everything even beliefs.

The term ‘Slave Planet’ is used metaphorically here, highlighting the perceived limitations and constraints the avatar experiences within this simulation. Not just with money, but any type of enslavement that usually starts with the five senses, thoughts, beliefs, addictions and programs. It conveys a sense of disempowerment and a call to break free from these perceived chains and rediscover their true nature and the nature of this reality.

It’s a different perspective on the human condition on Earth, using the notion of being enslaved to various aspects of life to emphasize the importance of transcending these limitations and awakening to a higher level of consciousness that could take one many amazing places way past this one.

If a tree falls down in the forest
and
no one is around,
does it make a sound?
If no one is around,
is there a forest?

Perspective on Realities

General overall energy of Planet Earth in the game is a predator prey reality.

It reflects on the challenging and harsh aspects of this reality and questions the motives behind its creation. Parasitic possibly?

Harsh and dirty reality - could Planet Earth be one of the most difficult and challenging levels in the game, where negative behaviors like lying, cheating, manipulation, and stealing are prevalent and even rewarded? If it's a simulation and this one is the hardest, what else is possible once the avatar breaks free?

The simulation is just that. It does not judge, try to talk you out of something, won't like you if or anything else. It is neutral, just like in holographic reality and so-called reality. One has thoughts and feelings that are energies frequencies that get emitted out through the avatar suit and reality reflects the energy back called life. It projects back what is impressed upon it. The coder is writing code for what it's been told to do in the simulation. What is impressed upon it comes from thoughts and feelings, it projects back your reality. Now doesn't a Lamborghini from the inside sound even better?

Labels and judgments - reality is depicted as a place where people are categorized and judged based on various factors like their job, income level, skill level, blue collar or white color, label of career, skin color, where they live, and now even their sex. This leads to divisions and conflicts among different groups of the avatars. I won't even go near politics, like what a shitshow distractor that all is. Grade one's behave way better than that!!

Wars and suffering, financial stress, addictions, abuse, poverty, and human trafficking are mentioned as part of this reality, illustrating the presence of immense suffering. The avatars, over time, have been programmed to believe all of that is normal. Is it? Would consciousness really put us in such deep dark energies to learn lessons? Then we forget about everything we learned to come back and do it again and again? Or has the simulation been hijacked?

Religious diversity and conflict, the existence of numerous religions exists as well, but it's noted that this diversity often leads to labeling, judging, fighting, and controlling, as people argue over whose god is superior.

Cruelty and survival leaves one to question why a reality would include the existence of animals ripping each other apart for survival and the prevalence of parasites, toxins, and harmful weather. Again, over time, taken on as normal. Start questioning everything for what is normal?

While playing the game, and even though it is a game, it is very real.

Slave Planet - the term "Slave Planet" is reiterated, emphasizing how the avatars are bound to various aspects of this reality, such as the financial system, governments, emotions, and the five senses.

Seductive aspects we cannot ignore since it is everywhere with a lot of things. It is also acknowledgement that there are enjoyable and seductive aspects of life on Earth, and why not for some, but it raises concerns when these aspects start to control the avatars or it goes beyond simple enjoyment.

The underlying question of what makes the game of Life on Planet Earth "real" prompts one possibly to contemplate the nature of reality itself. It challenges us to explore the purpose and meaning of one's existence and how we navigate the complexities and challenges of this reality.

Overall, a different perspective offers a deep and introspective view of the human experience on Earth, inviting someone to reflect on the state of the world and their role within it. It encourages a broader perspective on the concept of reality and invites questioning of the current societal norms and systems.

Life within this 3D reality, the avatars (individuals) are influenced by external factors and the illusion of separation. It touches on the challenges and hardships faced by many, as well as the toxic aspects of this reality, such as fear, stress, corruption, and a sick care system. The 3D reality is depicted as a programmed state where the narrative is controlled, reinforcing the perception that this is the only reality.

However, amidst the difficulties, one also acknowledges the beauty and infinite possibilities that exist within this reality. It emphasizes the importance of shifting focus from problems to possibilities and recognizing the power of consciousness in creating one's own reality. The concept of tuning into different "channels" of reality is used as an analogy to describe how the avatars can choose to direct their

attention and energy towards more positive and empowering experiences.

This reality is a challenging nature of the game, deliberately designed to include amnesia and parasitic energy, keeping the avatars in a low-vibration state. Yet, at the same time, it also hints at the potential for a higher vibrational reality, suggesting that by remembering their true power and nature, the avatars can break free from the limitations of the matrix and create a more fulfilling and liberated existence, all the while living fully on Planet Earth.

For the avatars, experiences on Earth, exploring the duality of challenges and opportunities, and encouraging the avatars to embrace their creative power to shape their reality and transcend the limitations of the current state of being is how they win the game.

In this reality, the avatar takes their cues from the external world.

Life happens to them. Everything is out there.

The illusion of separation.

Dreams are left behind or forgotten about by many, as life here is hard for many.

That is the 3D version of the game of Life on Planet Earth.

There is also the concept of a 5D version of spirituality, which represents a higher-dimensional and more awakened state of consciousness. It acknowledges that both spirituality and religion started with pure intentions but have undergone changes and distortions over time. Nevertheless, for many avatars (individuals), spirituality serves as a great starting point for their journey of awakening.

The process of "waking up" for these avatars often begins with questioning their existence on Planet Earth, still of course not knowing it's a game. It can be triggered by significant life events or traumas. As they start elevating their mental, emotional, and physical state, they begin to see through the illusion of separation and remember their true nature.

For most, it is an ongoing process, for if too much info and knowledge was given to an avatar too soon about their truth, it may blow a fuse so to say, it could fry some pathways.

However, the awakening process can be challenging, as those still deep under amnesia may ridicule and mock those who are waking up. This can lead to feelings of isolation and uncertainty for the awakening avatars. Yet, also very freeing.

In their journey, the avatars discover the significance of slowing down and turning inward to find answers. They learn to let go of materialistic needs while still finding enjoyment in them. They cultivate kindness, forgiveness, and choose to opt out of the conventional pursuit of material success. They begin separating themselves from the collective aka herd mentality.

Many avatars as they are awakening, explore different spiritual and healing modalities. Some work, some don't for each avatar. Some have huge steps in the awakening. There can also be still a fair amount of judgment and perceived superiority among those who consider themselves more "spiritual" than others. It addresses the idea of restrictions and certain rules in spirituality, or it has to be done a certain way.

The spiritual journey, acknowledging it has many benefits and some not so, yet, for many it is the journey to growing, evolving and healing big time and needed. It encourages the avatars to find their authentic path, free from judgment, dogma, and external expectations. The focus is on the exploration of consciousness and embracing the idea of being in the world but not fully defined by it, as they awaken to their true nature and purpose.

The awakening process of the avatar and the concept of taking the "red pill," which symbolizes the willingness to see the truth and break free from the illusions of the simulated reality. And there are many illusions within this simulation. Anything started or created here, was and has been created in the simulation. Question everything.

As the avatar starts waking up, it begins to sense that something is amiss and starts pulling away from the conventional patterns and beliefs. The avatar starts knowing there is more than just the avatar suit and that their soul plays a role in this process, leaving clues for the avatar to explore a different path and remember its true nature. Many though, get caught in the healing process for a long time.

The notion of the avatar taking on the identity, labels, stories, and emotions as its own reflects how deeply ingrained the human experience can become. Creating change from the inside out can take time, there is no one right way for everyone.

The analogy of going to a Hallowe'en party and not leaving the party after it's over illustrates how the avatar can get entangled in the illusion and forget its true essence beyond the physical form aka avatar suit or costume.

Freedom is a state of mind, it is not an emotion.

The presence of parasitic energy adds an element of difficulty and resistance to the awakening process, potentially attempting to thwart the avatar's progress and understanding. This energy is depicted as disruptive and destructive.

This is the challenging nature of the game, where the avatar must overcome the illusions, external influences, and parasitic energy to reclaim its true identity and explore a different path of awakening and self-discovery. It encourages a deeper understanding of the self and the journey towards remembering one's true nature beyond the limitations of the avatar form.

There is truly no success or failure in the simulation when one realizes that it is a game. It's just creating wanted experiences over unwanted experiences no matter what is going on 'in the world'. When one is creating unwanted experiences then they know it's just a course correction that is needed for more true alignment.

Let's talk about Holographic reality now.

Holographic Reality is a mind-bending concept that suggests the universe operates like a hologram. In this theory, the idea is that all the information and data of our three-dimensional reality is actually encoded and stored on a two-dimensional surface, much like how a hologram works. This surface is often conceptualized as being located at the edge of the universe, referred to as the "cosmic horizon."

The key notion in Holographic Reality is that everything is a projection based on frequency or energy. This means that everything, including the observer (the avatar), is composed of

energy, and this energy carries a unique frequency or vibration yet, it is still part of the one. The observer's frequency influences the projection of reality they experience. The more the avatar embodies their authenticity, the more their uniqueness shines.

Conformity was a big program, but truly wasn't cool.

Furthermore, in Holographic Reality, everything is seen as energy, and energy cannot be created nor destroyed, only transformed or changed in form. Understanding this principle is essential for the avatar's potential in "winning the game," which likely refers to transcending the limitations of the holographic reality and accessing a higher level of understanding and consciousness.

The concept of everything vibrating and carrying a frequency or code that determines its form in the 3D reality aligns with scientific principles. It suggests that the information encoded in the energy determines the materialized manifestation of objects, events, and experiences in the 3D world.

Overall, Holographic Reality is a fascinating and profound concept that challenges conventional notions of reality and invites the avatar to explore the interplay of energy, frequency, and information in shaping their experiences within the holographic universe. It opens up the possibilities for deeper exploration of consciousness and the idea of infinite possibilities

Let's explore the nature of reality from the perspective of the avatar (human) and its interaction with the holographic universe. It emphasizes that nothing in this reality is as solid or stable as it seems and that the senses of the avatar suit (the human body) are remarkable.

The brain is likened to a supercomputer capable of processing vast amounts of information received from the five senses. This information is decoded by the brain, and within nanoseconds, the brain projects an image of reality, which the avatar experiences as its own reality in the game. When things touch one another, ie fingers on a keypad, it's two different vibrational frequencies interacting.

It's been studied and suggested that the avatar is programmed during early childhood, carrying their patterns and programs into adulthood that got started there. In the first seven years of a new avatar's life, the supercomputer aka brain is clean of programs and is wide open. They are in theta state which is liken to deep meditation but fully aware. Sponges that absorb everything. Then life goes on it and patterns are created that ends of being reality. They are called neuropathways. The avatar's thoughts and feelings continuously influence the projection of its reality and the pathways become stronger, I call them super highways.

The analogy of a computer search is used to illustrate how the avatar's thoughts and emotions are akin to inputs, which then shape the output, the reality it experiences.

Also, just like a computer, programs can be deleted, re-written, overwritten, defragged, wiped clean, it takes awareness. Start questioning everything.

The ultimate goal of the game is for the avatar to remember its true nature and learn how to co-create with its oversoul. The oversoul, operating on higher and clearer energies, holds the blueprint of the avatar's reality. The unique vibrational frequency it came into the game with. The connection between the avatar and the soul is strengthened through slowing down, spending time in nature,

quieting the mind and limiting soul sucking things. For truly, they are one, just forgotten.

The soul's presence and guidance are crucial in the avatar's journey, but the avatar must change its frequency to match the higher frequency of the soul or at least be moving in that direction. This involves tuning into intuition and trusting the soul's guidance, which operates in cleaner and faster energies, out of love and images. There will never be manipulation there. Trust self.

The avatar is limited by its form and the programs it carries and acts as filters, while the oversoul, being formless, observes and supports from a higher perspective and has no programs running or agendas. It is the ocean of love. The avatar's challenge lies in raising its frequency to align more closely with the oversoul's frequency, ultimately co-creating a reality based on a higher understanding and connection.

Absolutely, the understanding that every thought and emotion is energy is a fundamental aspect of awakening for the avatar. Once the avatar becomes aware of this truth, they gain the power to shape their reality consciously starting with their thoughts. Thoughts matched with intense emotions hold a significant creative potential, and by using this power with conscious intention, the avatar can manifest desired realities. Which they do throughout the game all the time, just many are not doing it intentionally.

The holographic reality is based on thought and action. The avatar must INvision it, then move in that direction through inspired action and then the over soul takes care of the how aka events that lead to that experience. Let life fill in the details as it's picking from infinite possibilities. It's all about the journey. The over soul is based in love,

so it does everything out of love for the avatar, not questioning any choices, yet only wanting the best for it.

By letting life fill in the details, aka how, the avatar's mind starts being blown, but in a very good way. The synchronicities that start happening, the coincidences, the flow, the ease and the magic is incredible. Not always perfect but moving in that direction. Too much thinking and trying to figure it out is through limited perceptions (extreme ones for many) as an avatar, so the how was easily handed over by the avatars once trust was built.

There is also the concept of the simulation as a feedback loop and mirror. Whatever the avatar thinks and feels is projected out into the holographic reality, and the simulation reflects it back to the avatar as their life experiences on Planet Earth. This reflects the principle that "as within, so without," where the internal state of the avatar is mirrored in the external reality. It's energy, energy carries information, so it's also coding.

It's all energy and there is the idea of collective consciousness aka vibration, as well, where avatars come together for specific reasons or experiences can create a shared vibe or energy. It's entanglement. This collective energy can influence the thoughts, emotions, and actions of individuals involved, leading to similar behaviors and thought patterns.

Everything is Energy.

The recognition that everything is energy and interconnected emphasizes the significance of opening one's heart and seeing through the illusion of separation. String theory. By opening the heart, the avatar aligns more closely with the over soul and gains a

deeper understanding of their role as a conscious co-creator in the holographic reality. They also start consciously choosing who they hang out with, where they spend time and what they spend time doing.

Oh, to explore the intricacies of the avatar's co-creative power and how thoughts, emotions, and energy interact to shape their reality became fascinating to them. Also, the influence of collective consciousness and reinforces the importance of understanding the interconnected nature of all things in the holographic universe.

Still string theory.

The avatar has to learn that every thought and every emotion is energy and that energy matches energy. They have to realize if they don't like something, then they have to change their thoughts first. They also have to be present to how they are feeling in their bodies so that they know what and who is good for them or not. It's not that anything or one is bad, it's about alignment of energies.

Their thoughts, matched with intense emotions creates realities consciously or not. That is the power they have when they wake up from their amnesia to create consciously. They are creating all the time, but not with conscious intention – the connection with the over soul and that can only happen the more they open their hearts and see thru the illusion.

Living in a simulation or a holographic reality is a thought-provoking and mind-expanding concept that challenges our perceptions of existence, consciousness, and the universe itself. While it remains largely speculative at present, the idea continues to stimulate philosophical debates and inspire the imaginations of

those intrigued by the mysteries of our existence. Whether we are truly living in a simulation or not, contemplating such ideas encourages us to question the nature of reality and embrace the beauty of human curiosity and creativity.

What IF we are living in a simulation? Could then that mean it's a projection of consciousness into our bodysuit from our over soul? That could be why being present in each moment and learning to be in the world but not of it or allow life to move through us and not get stuck on any one thing is so important. Could our over soul be that droplet of water in the ocean? Aka the cosmos.....

There is no separation between
me and life
as
Life happens
by me
for me
thru me
but not
to me

Energy

Energy is currency.

Energy is information.

Energy cannot be destroyed, nor created, it can only change form.

As the avatars navigate the game of Life on Planet Earth, their energy becomes the essence of their existence, intricately linked to their choices and experiences. It is not just a metaphorical concept but a tangible and vital currency in this metaphysical realm. This energy is not merely a physical force but encompasses their emotional, mental, and spiritual well-being, making it a multi-dimensional aspect of their being.

Just as time is exchanged for experiences and learning within this reality, the avatars trade their life force to partake in the game. How they choose to live their lives and the states of being they embody directly influence the ebb and flow of their energy reserves. How time is spent in the game is up to the avatar as it is their energy, their currency. But once spent, there are no refunds. When they align with activities that bring them joy, passion, and fulfillment, they nourish and replenish their life force, contributing to a positive and vibrant state.

Conversely, engaging in tasks they detest or succumbing to stress and negativity depletes their energy reserves, their life force, leaving them feeling drained and disconnected. Understanding this delicate balance, the avatars begin to make conscious choices to prioritize activities that enhance their energy and well-being, gradually veering away from the notion that they must do things they hate for societal or external expectations. And, they learned, it was different for each one of them.

In this realm where metaphysical and material boundaries blur, the avatars come to realize that their energy is not separate from their experiences but rather intertwined with them. As they embrace their emotions and inner strength, they gain a deeper appreciation for the interconnectedness of their being and the profound impact of their choices.

This unique perspective on energy as a life force currency adds depth and richness to the avatar's journey through the game of Life. It becomes a constant reminder that they possess the power to shape their reality through the conscious management of their energy, creating a profound sense of empowerment and self-awareness. By nurturing their life force and choosing activities aligned with their true desires, the avatars embark on a journey of growth, enlightenment, and fulfillment within this extraordinary and captivating simulation.

Energy, which is their life force for which they trade experiences for. Unfortunately, in the game, money controls that now. Many started selling their souls for the illusion of monetary wealth. The avatars forgot that nothing is outside of them. It all starts from within and

they are powerful co-creators when aligned with the right, higher / cleaner energies.

Energy carries information that in the simulation takes form in density.

In Holographic and the Simulation theory, it's all reality tunnels of reflections.

Energy has to match energy. Like attracts like.

What's the energy? What's the coding?

Begin
by realizing
you are
already there,
if
Everything IS Energy
then
it's about
alignment

Reality
is
nothing
but a
mirror

Thoughts Become Things

Everything starts with thought emphasizes the significance of thoughts in shaping the avatar's reality and highlights the incredible number of thoughts the human brain processes in a day. The concept that "thoughts become things" implies that the energy emitted through thoughts and emotions can attract similar energy into one's life.

With the brain functioning as a supercomputer, the avatar generates a vast number of thoughts each day, potentially leading to feelings of stress and overwhelm. The sheer volume of thoughts can result in much of life being lived on autopilot, where the avatar is not fully present in the game of reality.

The concept of autopilot refers to instances when the avatar's mind is preoccupied with thoughts about the past, future, or mundane tasks, on endless scrolling on a technical device, leading to a lack of awareness in the present moment. This mental state can cause the avatar to miss out on fully experiencing their life and surroundings.

Remember their brains are a super computer, the avatars now have approximately 60 000 – 75 000 thoughts a day.

I did the math, that is, if I use the number 68 000 thoughts / day as an example.

Twenty-four hours in a day – times that by sixty minutes in an hour then with sixty seconds per minute and you get 86 400 seconds / day. That means that for every 1.27 second, the avatars are having a thought. No wonder many feel stressed out!!

BUT wait!

I forgot that most of the avatars have to sleep an average of seven – 7 – hours a night, so let's just do the thoughts for the waking hours, which is 61 200 seconds in the seventeen hours of awake time and we get a thought every .9 seconds.

What does that mean?

There is a BIG fiesta going on inside of the avatar's head constantly. Programs are running and a lot of life is being lived in auto pilot and they don't even realize it.

Unfortunately, so does the avatar's amnesia contributes to this autopilot mode, as it prevents them from fully remembering their true nature and potential. The constant stream of thoughts and programs running in the background may divert the avatar's attention away from the present moment. Not to mention, all the seductions for the entrapment of the five senses.

The parasites also knew how to distract the avatars on many levels. So many shiny objects that an avatar could choose from to get distracted and hits to get a rush from of many sorts, from news, and usually bad news, never feel-good news, sports, alcohols dining out, movies, government and Hollywood scandals, dings from social

media on their phones, games, porn, online gambling etc. What controls who? Is it done a lot like daily or multiple times daily? Is it an addiction? Can't live without it? Then it, whatever it is, controls the avatar!

There is constant mental activity experienced by the avatar and its implications on their level of presence and awareness. It serves as a reminder for the avatar to find ways to quiet the mind, break free from autopilot, and engage in the game of reality more consciously and purposefully. A combination of thinking and feeling, left and right brain so that the whole computer is functioning at top notch, in balance, clean and clear.

Sit quietly every day for at least 20 minutes, with no things or devices.

There is great significance of thoughts in shaping the avatar's reality and highlights the incredible number of thoughts the human brain processes in a day. The concept that "thoughts become things" implies that the energy emitted through thoughts and emotions can attract similar energy into one's life. Even though everything starts with thought, emotion – which also translate into energy in motion, where the heart is aligned and action in the direction of the desired thought, are the ingredients for the oversoul to contribute with the how, for true manifestation.

With the brain functioning as a supercomputer, the avatar generates a vast number of thoughts each day, potentially leading to feelings of stress and overwhelm. The sheer volume of thoughts can result in much of life being lived on autopilot, where the avatar is not fully present in the game of reality.

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Mindset is everything.

A big difference between animals and the avatars in the game, is that the animals are in their right environments, no matter the animal and where they are. Wild animals that is, they fit in to their environment. Avatars were given the power to co-create their reality as they don't fit to any environment in like animals do, they can fit into them all. So, choose for you!

The avatars are not victims of their circumstances, but became victims to their thinking and the programs they downloaded or took on. They started to sit quietly, alone, with no devices, no talking, no listening to anything but the quiet.

As long as they stay victims or a slave, the game wins. Those are the favorite energies of the parasites – victim which is based in fear and stress.

The matrix exists only in the mind, the avatars became prisoners of their own minds.

Love IS
the most potent
Force
in the Universe.

Have you ever wondered
why it's not encouraged on
Planet Earth?

How You Feel Matters

The brain is the processor of thought.

Then the body is the processor of emotions for the avatars in the game.

The last chapter elaborates on the power of intentional thought and how the avatar's engagement with their thoughts shapes their reality on Planet Earth. It emphasizes that the avatar often operates on autopilot, being preoccupied with various thoughts and distractions, which takes them away from being fully present in the game of reality.

Now, let's dive into the connection between the brain and emotions in the avatar's experience. The brain processes thoughts, while the body processes emotions. However, the constant stream of thoughts, often driven by the monkey mind program, can create a disconnection from the body for many avatars in the game. This disconnection weakens their connection with their soul, as they are not fully present in their bodies.

The seductive and tantalizing nature of the 3D reality, with its vivid sensory experiences, can dominate the avatars' senses, leaving them caught up in fear, stress, and worry. These low-vibration emotions,

coupled with unprocessed and unfelt emotions, create distorted frequency patterns that take a toll on the avatar suit and can lead to various diseases, not at ease. Distorted frequency is not clean frequency, it's like that channel on the tv that is snow, and that is always playing in the background of another channel. In the simulation it is a reflection to what the avatar is emitting aka vibrating, or what code was written.

Most avatars will assume those energies and say that 'that is just me'. But is it?

The parasitic energies, metaphorically represented as diseases. Diseases of the avatar suit (body), computer (mind) and heart (soul) are prevalent in the 3D reality. The dominance of stress and fear in this reality is highlighted, and the lack of kindness, love, natural health solutions, co-creating, and honesty is questioned.

That is one of the challenges the avatars face in managing their thoughts and emotions in the 3D reality, which can lead to disconnection and negative energetic patterns as stated. It points out the need for greater awareness, emotional processing, and conscious choice-making to shift towards higher vibrations and a more fulfilling experience of the game of Life on Planet Earth and to win.

It's about connecting more from the inside out instead of usually or mostly from just the outside.

Over time, the dominance of a left-brain dominant society on Planet Earth took over.

A left-brain dominant society is depicted as logical, linear, and perceiving everything as separate. It tends to follow along without questioning and places a strong trust in science and empirical

evidence. The reference to the Double-Slit Experiment on YouTube suggests that energy is influenced by the observer, implying that consciousness plays a significant role in shaping reality.

We are the observers of our reality. Scientists are the observers of science. Ever wonder why there are so many different opinions??

On the other hand, the right brain is associated with openness, creativity, appreciation of beauty, and recognizing the interconnectedness of all things and beings. The right brain encourages curiosity, wonder, and consideration of multiple perspectives.

The avatars started understanding the idea that circumstances don't matter as much as states of being do. The avatars started to understand this and learned to reintegrate and balance both sides of their brains to overcome the manipulative influence of parasitic energy. Both sides of the brain were needed to be in balance, aka no programs running in the background and using both sides of the brain, as in logic and intuition together.

The concept of triggers is brought up, illustrating how certain memories from the past can hold emotional charges, and a part of the avatar's energy remains tied to those memories. Balancing both brain hemispheres can lead to greater emotional balance, enabling the avatar to navigate the game with more clarity, confidence, ease and strength.

They started doing more things that brought them joy, they started doing something creative no matter what it was. They also started daydreaming again, letting themselves not be so busy and running around crazy like or on their devices constantly. They realized the

power of the game more and more and the control it had over them and they started moving in the direction that was more heart aligned. It's called resonance.

Feeling good became their superpower. The parasitic energies hated that. They hated it so much that they left those avatars alone once they were awakened, energy can only match energy. Therefore, the avatars reality kept getting better and better – energy can only match energy. The simulation can only reflect back what is given to it via information, so that energy can take form. The Garden of Eden is from within, as within, so without. The projection is just that. It's being in the world but not of it, it's creating one's own reality tunnel yet being aware of the collective reality tunnel.

One is fixed, the other isn't in a world of infinite possibilities.

You know, I know this steak doesn't exist.

I know that when I put it in my mouth,
the Matrix is telling my brain that it is juicy and delicious.

After nine years, you know what I realize?

[Takes a bite of steak]

Cypher: Ignorance is bliss.

The Matrix

Or is it? Or was that just

to program us to stay

in

the Matrix!

Actions or Doing

Let's talk about the power of inspiration over force or goal-setting and the importance of embracing both left and right brain attributes to achieve a whole-brain approach.

The avatar is encouraged to lessen distractions, be present in the moment, and appreciate the beauty and wonder around them, such as watching sunsets or getting off of their phones more and having real conversations. The negative impact of excessive technology use and addictions is acknowledged by some of the avatars and they start to take control of their consciousness and energy and time on their devices and anything else that has 'power' over them.

The avatars stopped just setting goals and writing business plans without considering true alignment, energy, and heartfelt expression. It became about inspired action that comes from the heart, leading to more powerful and fulfilling outcomes not just based on money. Because of choosing from those energies of alignment, the issues with money and struggle (or health) became a thing of the past. Energy matches energy.

Some of the avatars became likened to architects who dream, think, and draw their desired realities before taking action. The significance

of thoughts, emotions, and actions in creating one's reality tunnel is emphasized. True warriors are those who remember their truth and consciously shape their experiences through alignment and heightened positive emotions.

The avatars learned to trust and let go of control, embracing the magic of the unknown and finding more of their authentic selves. The idea that the game on Planet Earth is a Master class implies that it offers valuable lessons for the avatars, requiring observation, learning, and detachment from attachments or it also could have just been hijacked.

The avatar is urged to move in the direction of alignment with their true selves, following their joy and dreams, regardless of external circumstances. By doing so, they can break free from the limitations of the game and the external circumstances change.

Overall, the message is that the avatar's power lies in their ability to be inspired, aligned, and heart-centered in their thoughts and actions, which can lead to a more meaningful and empowered existence.

They found this is where the magic was.

Turn ALL
thoughts and actions
towards
whatever
contributes to your
Dreams or Desires

Letting Go of Labels

The game thrived on labels, ascribing them to everything and everyone to maintain the illusion of separation at a deep level. These labels extended to clothes, accessories, jobs, careers, food choices, cars, education levels, gender, religion, nationality, sex and more – practically everything and everyone bore some form of identification. The avatars, engrossed in their personas, began to tightly cling to these labels, letting them define their very identities. However, as the amnesia worsened, their true selves faded into obscurity. It was both amusing and profoundly sorrowful to witness immortal souls lose themselves within their avatar suits, forgetting their boundless essence without constraints. Limited by a label instead of being free to experience unlimited possibilities.

Indeed, an immortal soul is both everything and nothing simultaneously, free from definitions or limitations. The avatars, yet unaware, didn't see labels as constrictions. Being deeply entangled in the matrix of labels and societal norms became a problem when avatars began deriving their entire identities from them.

But hope remained for the avatars trapped in this cycle. Those who overcame this challenge could advance to higher simulations, where labels and judgments ceased to exist. Yet, breaking free from label

attachments proved challenging and uncomfortable for many avatars, as they grappled with letting go of their perceived identities, not realizing that these labels were far from their truth.

In their profound journey of self-discovery, the avatars came to realize the profound significance of nurturing their inner world. Cultivating positive thoughts, and consuming real, nourishing foods solely for sustenance, became pivotal elements in their quest for fulfillment. Their attention shifted towards tending to their spiritual well-being, finding solace in the wisdom of their avatars. As they connected with the deepest desires of their hearts, they embarked on an authentic, joyful, and profoundly fulfilling existence.

Energetically, they learned to follow the breadcrumbs of joy, disregarding external pressures and 'expert' opinions. Embracing joy in their lives significantly reduced stress and anxiety. By tuning into their inner selves, they experienced an upgrade in their entire energetic system, resulting in a cleaner, swifter, and healthier flow of energy, fostering a profound connection within and an overall sense of well-being. Start questioning everything.

They learned to release their attachments to labels, understanding that holding onto them was a victory for the game, keeping them stuck in its grasp. Embracing discomfort became an essential part of breaking free from the pattern, embracing their own authenticity and moving towards liberation.

Dream you Dreams
Until
Your Soul is Released

Karma and Lessons

Have we truly come to this existence to clear karma from past lives that remain shrouded in mystery? We lack knowledge of who we once were, where we lived, and how we lived. The same question arises for the purpose of lessons. Did the creator design this system, or is there something else at play?

In the belief of reincarnation, one must return repeatedly to clear karma and learn lessons until finally ascending. However, with each lifetime, we start anew from ground zero. This concept raises an intriguing thought: could this result in an endless cycle of recycling?

Now, let's consider an alternative possibility. What if this reality is a simulation? In such a scenario, the idea of karma seems implausible. Instead, perhaps there are lessons to be learned in the game, within a quick course correction, rather than enduring prolonged struggles. If this is indeed a simulation, it likely simulates something – could it be akin to the Garden of Eden? What if this simulation was hijacked and taken over by parasitic energies, leading to a continuous descent? Wouldn't that make sense? And one does have to remember this is a game and it's time to go home. Yet, all the avatars were at different levels in the game. Some just got started, others had been in the game already a few times and some had recycled

many times in the game and they were ready to move on to another game.

Could there be multiple simulations, and this one is merely a challenging version? The ultimate reward for mastering this reality may be the freedom of the soul. As the boundless and limitless soul progresses, it moves on to simulations with entirely different dynamics and energies.

While inhabiting their avatars and experiencing life, individuals master the game by mastering themselves. They come to understand that they are not of this world but are here to create experiences and pass through this world. As they journey through life, aware that it will eventually end, they must decide whether to return again or explore a different simulation.

But, first they must remember they do have choice as they are creating the game as they go.

They must win the game by mastering themselves.

The pressure to fit in (people are identifying with cats, who wants to fit in?), to be perfect (what is perfect), or seek special status (needing attention) diminishes as avatars remember more of their true selves. They start to realize they are part of something greater and possess immense power, akin to a droplet in the ocean – where does it begin and end?

The game's grip on them weakens as they remember their connection to something beyond. If this is a simulation, who writes its code? It seems that the external reality is a reflection of our inner thoughts and emotions, a manifestation of energy attracting similar energy. Each avatar, in each moment, actively creates and shapes

their reality. Therefore, they are writing the code. Consciously or unconsciously though is the question.

As this awareness dawns, the game loses its control, and the path to liberation becomes clearer.

In a simulation, they are now error codes and when the reset happens, the awakened avatars will get deleted out of the simulation and are free to go out to other simulations of a higher vibration, frequency of game playing.

The reset of the game happens every 138 years.

True freedom in all ways once the game is won!

To believe in the things
you can see and touch is no belief at all,
BUT
to believe in the unseen
is a triumph and a blessing

Abraham Lincoln

Neutral Field

What is the neutral field?

The Law of Reflection.

In our reality, the concept of the divine, often referred to as God, is seen as a watchful and judging entity, associated with various names and perspectives like source, creator, the divine, ali, and all-knowingness. However, in holographic or simulation theory, it is viewed as the neutral field or construct, operating as a feedback loop or mirror. This field reflects back the energy projected onto it through thoughts and feelings, requiring energy to match energy.

Hence, the Law of Reflection – part of natural law, which also the avatars tuned into more than the matrix laws.

The avatars have control over their reality, but many have forgotten this truth. By mastering their thoughts and feelings, they can effect significant changes. The field itself has no bias and will deliver whatever the avatar desires. Letting go of negative self-talk, thoughts, and behaviors becomes essential in this process. Life becomes more enjoyable when individuals realize that labels, judgments, and emotions are not their true selves, but rather aspects of the avatar's persona.

To achieve this realization, avatars often require pattern breaks and the embodiment of different frequencies. A pattern break signifies a transformative shift in thought patterns, behaviors, habits or attitudes. It involves challenging established beliefs and reactions, often triggered by major life events or conscious efforts to change. By breaking away from limiting patterns, avatars open themselves up to new possibilities and positive experiences.

When an avatar becomes aware of negative thought patterns and decides to challenge and replace them with positive ones, a pattern break occurs. This shift in mindset and energy can lead to increased self-confidence, better decision-making, and a more fulfilling life. Avatars possess the power to shape their reality through their thoughts, emotions, and actions. By consciously choosing to break free from old patterns and aligning themselves with a new state of being, they can manifest a more positive and abundant reality, ultimately achieving victory in the game of Life on Planet Earth. Sometimes outside help from another is needed as they bring a perspective one may not be able to see themselves.

If an avatar has been stuck in a cycle of negative thinking and self-doubt, a pattern break might occur when they become aware of these harmful thought patterns and decide to challenge and replace them with more positive and empowering thoughts. This shift in mindset, computer coding, different energies can lead to increased self-confidence, better decision-making, and a more fulfilling experience.

Pattern breaks can also be physical.

The concept of a pattern break is intertwined with the idea that avatars have the power to shape their reality through their thoughts, emotions, and actions. By consciously choosing to break free from

old patterns of negativity, self-doubt, or limiting beliefs, they can align themselves with a new state of being and manifest a more positive and abundant reality so that they win the game. It takes awareness, determination, will power and consistency.

Dissolve the matrix, clear out all the viruses which negative thinking and bad programs are and win the game otherwise they turn into parasites – literally!!

You are only limited by
the
Weakness of Attention
&
Poverty of Imagination

- Neville Goddard

Imagination

Creativity for the avatars could be derailed by various factors that hindered their ability to tap into their imaginative faculties fully. Some of these factors include:

1. **Stress and Overwhelm:** High levels of stress and feeling overwhelmed by life's challenges can drain mental energy and make it difficult to access the creative parts of the mind.
2. **Negative Self-Perception:** Feelings of not being good enough or self-doubt can stifle creative thinking and limit the avatars' belief in their own creative abilities.
3. **Anxiety and Trauma:** Past traumas or ongoing anxiety can create mental blocks, making it challenging to engage in imaginative thinking without fear or emotional distress.
4. **Substance Use:** Alcohol or drug use can alter brain function and inhibit creative thought processes, numbing the mind rather than encouraging free-flowing ideas.
5. **Medications:** Certain medications may have side effects that impact cognitive functions, including creative thinking.
6. **Distractions:** Constant exposure to distractions, such as excessive screen time or noise, can interfere with the avatars' ability to focus and engage in creative thought.

7. **Fatigue:** Physical or mental exhaustion can hinder the mind's capacity to think creatively and come up with innovative ideas.
8. **Emotional Deprivation:** Lack of emotional support or nurturing environments can limit the avatars' willingness to explore their imagination and creativity.
9. **Mental and Physical Threats:** Feeling threatened or unsafe can cause the mind to focus on survival rather than creative expression.

To reclaim their creativity, the avatars had to take deliberate steps to counter these derailing factors and nurture their imaginative powers. This involved practicing stress-relief techniques, seeking emotional support and healing from trauma, reducing or eliminating unhealthy habits, cultivating gratitude and joy, and embracing a childlike sense of wonder and curiosity. By reconnecting with the boundless potential of their imagination, the avatars were able to transcend limitations and discover the freedom that comes with creative expression and a deeper understanding of themselves and the world around them. They found ways to help them move in the direction of their desires and alignments.

Imagination gives on the ability to project themselves through time and space to rise above all limitations!

If one can't or won't use their imagination, then the game wins. Be the affector!

Imagination is an extraordinary faculty of the avatar mind, allowing the avatars to conjure up vivid and creative mental images, scenarios, and ideas that transcend the boundaries of reality. As adults, harnessing and nurturing their imagination remains just as

crucial as it is for children. Imagination fosters innovation and problem-solving skills, as it enables the avatars to envision possibilities beyond the status quo and explore unconventional solutions. It serves as a gateway to empathy, allowing them to better understand and connect with others by putting themselves in their shoes. Moreover, embracing imagination kindles a sense of wonder and curiosity, rekindling the joy of exploration and learning throughout their lives. It serves as a powerful stress-relief tool, providing a mental escape from the pressures of the 3D reality, leading to enhanced mental well-being. In embracing imagination, the avatars unlock the door to boundless creativity and an enriched perspective on life, making it an indispensable asset in navigating the complexities of that reality with a childlike wonder and an open mind.

Imagination is how they could time travel.

The human, aka avatar is limited, the Soul is immortal and knows no limits, that is why it is a powerful, co-creating experience that once is strengthen, opens up new possibilities, way beyond human limited thinking.

One has to learn to center their imagination in the feeling of the desire already fulfilled AND be able to stay in that energy NO matter what reality currently is projecting back. Not everything is instant as 3D earth is quite dense and things can move slowly, at first.

Where one goes IN their imagination and makes it real, by engaging their five senses, must be made real in the physical. The five senses only take clues from first imagining, then engaging what it would feel like, look like, smell like, taste like.....they do not know the difference between real and imagined!

Live in a state of liberation
is to live in a state of acceptance,
celebration
curiosity
and
Love
so much so,
that the Present
is all there is.

Beliefs, Programs & other Habits

All the personalities that the avatar assumes are shaped by the beliefs, downloaded programs, and daily habits it acquires. Though invisible to the naked eye, these elements greatly influence how the avatar experiences life. The depth of ingrained beliefs, programs, and habits determine the avatar's gameplay and level of engagement.

However, the avatar retains the power to change its personality, energy, and coding, thereby altering its reality. Nevertheless, the accumulation of beliefs, programs, and habits can overwhelm the soul's connection, impeding its high-level vibrations and clear energy, free from distortion.

These constructs, in the matrix, serve as limitations while the soul remains boundless and limitless. The game of Life on Planet Earth presents the most formidable simulation, challenging avatars to transcend the personality driven by the five senses. The rapid seduction, tantalization, and distractions make it difficult for many avatars to break free as everything is out there and very real. They forget that it is a 3D projection based on their energy or coding.

Yet, there is hope, as the number of avatars making good progress up levelling in the game, is reportedly increasing rapidly. They have come to comprehend that they are the architects of their own game and reality. Realizing that understanding others' games may not be feasible, they have stopped judging and become more receptive to learning and growing, humbly acknowledging their limitations and being open to let the other avatar have their reality. NO matter what.

With a commitment to breaking patterns, they remain open-minded, inquisitive, and relinquish the need to be right. Kindness has become their guiding principle, both towards themselves and others, as they recognize the power of co-creation grounded in love and beauty. As within, so without.

Many avatars experience rapid pattern breaks as they gravitate towards love while distancing themselves from parasitic energies, even if it means leaving other avatars behind. They are determined to win the game, knowing that freedom awaits as the ultimate prize and that it is a game and not everyone is ready to exit it or win it. Some like it here very much.

There is no fear in Love
&
you will find no Love in fear
yet
Love will override fear
ALL of the time

Time & Space

In space time, there is no time. In time space, there is no space.

Whoa, wait a minute, what does that mean?

If there is no time, then the time is now, aka each moment. If there is no space, then

it's dense.

The game is played in a slow downed energy so time can exist, or the appearance of time. Energy is also slowed down so it can turn to matter, take form and take up space.

On the other hand, in time-space, the primary focus is on the present moment, and the notion of distinct spatial dimensions becomes less relevant. Here, the emphasis is on experiencing the current state of being without the constraints of spatial boundaries. More right brain. Right brain is about interconnectedness, creativity, asks questions, wonders what if, sees beauty and more sensitive.

Left brain is linear, logical, don't ask questions, follow the rules, trust the science and sees everything as separate. A balanced avatar needs to work from both sides so it is whole.

It suggests that when we fully immerse ourselves in the present moment, time loses its significance, and when we transcend the limitations of physical space, we can experience a sense of oneness and interconnectedness.

Regarding the simulations and trapped consciousness, the concept explores the idea that consciousness might be engaging in multiple simulations or realities simultaneously – multi-dimensional. While most consciousness enjoys diverse and creative experiences, some parts might become entangled or trapped in denser realities like Earth. If there are other simulations, the Soul can move about freely as they are not of the parasitic nature on Planet

Earth. The other simulations are of higher vibrations, clearer energy, good coding, so the soul aka avatar (in whatever form) can move about freely between them. Maybe that is where 5D Earth is?

To assist avatars with amnesia, higher consciousness sends beings to help, but these helpers also face the risk of getting stuck, and many do. It's dense here and amnesia still happens to some degree. Energy frequency tools or weapons are used in the game, to induce a low-level, trance-like state in many avatars, making them forget their true nature and fall into routine patterns which lulls them into sleep and complacency.

If an avatar has emotional reactions and thought patterns that are negative it hinders the avatar and actually distorts time for them. If one looks at it from a holographic reality, then the energy patterns get distorted, as it's not of the love frequency, which is the highest cleanest frequency. If it's a simulation, the code has been over written, just like a virus downloaded on a computer, same thing. Interesting it's called a virus, eh? Start questioning everything. ☺

So, it's like putting filters on a camera lens, programs, beliefs and habits act like a filter on a lens so that it's harder to see the actual image, the truth.

A reset is necessary every 138 years in this game-like reality, as sometimes the parasitic energies take over so much that the game is out of control with crazy making things going on and needs to start again fresh. Not always the whole game or the whole earth, it could be certain areas / places or that certain avatars aka races of people that get taken out.

If an avatar awakens and remembers their true self before the reset happens, they can transcend the game by ascending or leaving it upon reset. Others continue in the cycle until the next reset, which is another 138 years

These avatars, who wake up, usually step away from the collective, as they are still fully in the game of course. Yet for them, they focus on up levelling their avatar, writing better code, embody different energies that are clearer and cleaner based on love, joy, abundance, vitality, honesty, authenticity and kindness. They focus on creating meaningful experiences within the game's confines, guided by the principle that energy flows where attention goes.

Some avatars become enamored with the game, easily seduced by their five senses, while others who have experienced the game extensively grow weary of its complexities and choose to detach from its distractions. It's just where each avatar is in the game and nothing is to be judged.

Though the avatars may perceive their game-like reality as their truth, there is a suggestion that there is more to existence beyond the

confines of their five senses. The truth might lie in awakening to higher levels of consciousness and understanding beyond the limitations of this simulated reality.

If underneath the
avatar suit
are the energies of an
Immortal Soul
then
no wonder there
is
so much love & magic
in there,

Go within

The Matrix

Let's dive into a perspective on the concept of "The Matrix" from the movie and how it relates to the construct of beliefs, patterns, programs, and habits that shape one's consciousness in the real world.

In the movie, "The Matrix" it represents a simulated reality where humans live unknowingly, kept under control by machines that harvest their energy aka the game of Life on Planet Life. This simulated reality is akin to the construct, which encompasses all the beliefs, habits, and patterns that influence an individual's perception and experience of reality.

This raises the question of whether one's consciousness is trapped in the construct, and what would happen if the constructs were dissolved, healed, or rewritten. It suggests that reality is like a mirror or feedback loop, where the thoughts and emotions of the avatar are reflected back from the field or simulacrum in the form of one's reality. Each avatar has the ability to create their own reality tunnel separate from the collective.

The concept of the central nervous system being hijacked implies that external influences and conditioning keep individuals plugged

into the construct, leading to chaos, stress, fear, and dysfunction in the avatar's experience, no matter the side.

The Matrix is depicted as focusing on the negative, creating a collective reality tunnel shaped by lies and conflicting information from various experts. This can lead to chaos, confusion, and a lack of individuality. It creates separation and judgment.

What the avatars started truly understanding and embodying is that empathy, intuition, and imagination are bridges to the "real reality". That is suggesting that accessing these qualities can help the avatars transcend the limitations of the construct and connect with a deeper and more authentic aspect of existence. By doing so, they create their own reality tunnels outside of the collective conscious.

Whatever the avatars were doing in great numbers, the awakening avatars usually went the other way. Energy matches energy. Eventually, even though the parasitic energy doesn't like to have to work harder (that is why they like herd mentality and no individuality / creativity) and doesn't like to use any extra energy, so the awakening avatar will be set free. It doesn't want it to start the 100th monkey effect.

The avatars started looking back over their life and saw patterns in partners, friends, jobs etc

different faces, different places, but the same energies. Then they realized that the common denominator of all of those experiences was them, they took ownership.

They also started seeing more avatars like Agent Smith, which are really NPC's. Non-player characters that are extras in the game,

soulless in reality. Not bad in any way, just not real in the game. The avatars just let everyone have their own reality without judging.

Patterns of energies, frequencies and realities.

In the Matrix, everything is outside of the avatar. The avatars also do everything from the outside in, very little from the inside out. Avatars were judged on their outside appearance and fashion was big and it was important how one looked and dressed. Never really going deep beyond the surface appearance of another avatar. That started changing.

They then started to encourage other avatars to question the constructs and external influences that shape their reality and to tap into their innate qualities like empathy, intuition, and imagination to access a truer understanding of the nature of reality and their truth. Some avatars were open to learning and knowing more, many weren't. It all depends on where they are in the game and if they are ready to move on.

Feeling good became their super power.

They realized that anything they accept as true today, would be imprinted upon their field therefore projected for their future. Everything!

Break pattern, interrupt those habits, programs and beliefs is how they set themselves free and win the game for themselves. They stopped hoping, wanting and wishing of what they desired and started thinking from the energies of it already being done.

Imagination is like a mansion with endless rooms!

When the reset in the game happens, which is every 138 years, not always the whole game, just different collectives, parts of the game get wiped out. The awoken avatar, the high frequency avatar, the embodiment of more pure love avatar gets deleted out, as it won the game.

The rest that got nixed off get recycled back in at different times. Different face (different avatar), different place, location on planet Earth and the game called Life on Planet Earth starts over again.

Each avatar is at a different level in the game.

Now, when the avatar breaks free of the Matrix and wins the game, it gets to choose a different, funner, easier game called Life on Planet_____.

It now remembered more of its true self and the power of co-creating therefore it knew that whatever it desired would happen wherever it went and would only keep getting better.

Fearless Embodiment
of
Infinite Living
it's time
To
Activate the Potential Within

Quantum Leap

The concept of a "Quantum Leap" takes on a fascinating and thought-provoking dimension when applied to the realm of personal growth and self-development. It suggests the idea that individuals have the potential to undergo transformative shifts, effectively leaping into new versions of themselves through the exploration of alternate timelines or reality tunnels.

In this context, a "Quantum Leap" signifies a profound and conscious evolution, where one dissolves the limitations and programs of the 3D reality they currently inhabit. By transcending these constraints and tapping into the field of infinite possibilities, they can access new programs of thought, feelings, and ways of being. This process essentially involves rewriting their narrative and choosing a reality that aligns with their deepest desires and brings them the most joy and fulfillment. Even though it is like a tv set with 100's of channels, changing timelines may take a little time, it is dense down here. Some have been able to quantum leap, aka change the channel quickly, for some it takes time.

The notion of choosing a new timeline or reality tunnel suggests that people have the power to shape their lives and consciously create the version of themselves they aspire to be. By breaking free from

societal conditioning and limiting beliefs, they can embrace their true potential and manifest abundance in all areas of life.

Stop looking at reality and start creating reality.

To win the game, one has to go beyond the mind!

Not always easy as this reality seems so very real, and it is, but ever so empowering to master and align with knowing you are passing through.

In essence, the concept of a "Quantum Leap" in this context encourages one to view their personal growth journey as a deliberate and empowered endeavor. It beckons them to embrace the notion that multiple versions of themselves exist simultaneously, and they have the ability to select and embody the one that resonates most with their authentic self.

As they align their actions with their deepest desires and authentic values, they begin to live a life of purpose and fulfillment. By continuously expanding their awareness and exploring new possibilities, they open themselves to the boundless potential of the multiverse and the uncharted territories of personal growth and transformation. In this new game of life, they become the architects of their reality, forging a path that is uniquely their own, and experiencing the magic of quantum leaps as they unfold along the journey.

Instead of wanting a Lamborghini, they became the energy of one!

That is the magic of winning the game!

The Magician within
is to
feel the power of who you are
beyond the human avatar identity
yet
while still being in
the avatar suit

Things to Ponder

"I have learned that the universe and everything in it, is an expression of the unified whole and that each individuated expression of the whole has a right to expression their sovereign uniqueness as they choose.

Being sovereign conveys certain rights, and among them is the right to freely express one's opinions, talents, arts and crafts, vocals, and actions within the context of do no harm, cause no loss and do not impede the freedoms of others. These are the natural laws of the universe.

Another right one has is the right to be wrong. If one can respect that then one would have achieved a major milestone in sovereignty of allowing others to hold an opinion and point of view that is different from yours. If one is a keen observer of nature, you will find that no two expressions of nature are exactly the same. Each snowflake, drop of water, leaf, insect, rock, bit of soil, flower, animal, bird and fish has its own uniqueness and yet humans are trying to squeeze others into the same mold so everyone is the same.

That is unnatural. Instead, we should be celebrating the uniqueness, and diversity of all the individuated expressions within our universe, trusting the intelligence of the Creator and Creation above our own and finding and accepting our own expressions as our (the many) sovereign right to do."

Colin Jo

1. If life were a game, what kind of avatar would you choose to be?
2. How would you show up differently if life were a game?
3. What kind of job, business, or pursuit would you engage in if life were a game? Would it be driven by heartfelt desires or influenced by income and status?
4. What changes would you make in this game of life compared to your current lifestyle?
5. How can you break patterns and move toward achieving your dreams and desires?
6. What fears arise when considering these changes, and how can you address them?
7. How do you practice forgiveness and release the burdens of the past?
8. What situations or events upset you, and how do you cope with them?
9. Are you open to unlearning some of the teachings you've received?
10. How can you cultivate mindfulness and slow down in your daily life?
11. What steps can you take to spend more time in nature and enjoy its benefits?
12. How do you plan to reduce technology usage and establish a healthier balance with digital devices?
13. How can you strengthen your connection with your higher self and access its wisdom?
14. What practices or methods can you use to deepen your soul connection?
15. In what ways can you reprogram your thought patterns and pathways to promote personal growth and positive change?

16. Are you open to listening to others' perspectives and respecting their reality?
17. Are you willing to lessen or let go of any addictions and seek help if needed?
18. Are you prepared to release any labels you identify with that may limit your growth?
19. Can you find reasons to be grateful every day, both for life and for others?
20. Can you slow down and savor life's moments?
21. Can you surrender control over the 'how' to your co-creator and focus on envisioning and taking action?
22. Are you open to not taking everything so seriously and that probably most of what you have been taught isn't true anyways?
23. Are you ready to elevate your thinking, feeling, and being to align with your desires?
24. Are you prepared to let go of fear, stress, and anxiety, and embrace a slower pace of life?
25. Are you ready to invite more joy and love into your life?
26. Are you ready to discover your power and embrace life's wonders?
27. Are you willing to step into your role as a powerful co-creator?
28. Are you prepared to get back up when you give in or fall down?
29. Do you come from fear or unconditional love?
30. Are you ready and willing to love yourself more, no matter what? – no matter what?

Your greatest desires,
what you have been craving the most,
is your Souls
most authentic expression
of itself,
your unique blueprint
which is
your unique, amazing self.

We were not
made to be clones,
nor sheep
or lulled to sleep.

There is no Out There.

Thank you for reading!!
I hope you enjoyed it and I have
a little something for you!

Bonuses

Scripting

How to start your days for reprogramming the mind and mind, therefore your reality.

[Click here](#) for a download on the process.

Breathwork

9D Breathwork is breathwork on steroids and if you want to move past where you are, this is the best modality I have found for it – you can try your first online class for only \$10.

Online 9D Breath work calendar – [click here](#) - after the class you decide on, [click here](#) for the payment and then email it to jodiburke@protonmail.com with what class you want to join in.

Soul Story

Dig a little deeper into why you are here?

A different perspective again – [A Story of Our Souls – Remembering Love](#) –

first 3 chapters for free – [click here](#) or purchase it here for \$4.99 (regularly \$7.99)

EFT – Emotional Freedom Technique (before Tapping)

Free EFT resources – great for anxiety, stress and reprogramming the mind if you don't want to do breathwork or need something in the moment that is quick and it works to help calm down the nervous system and overall energy.

